

# GLASCOTE ACADEMY LONG TERM PE PLANNING OVERVIEW

2019/2020

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p><b>Invasion games (mini games for skill development)</b></p> <p><b>Key skills:</b> throwing and catching a ball, using space, attacking and defending, tactics and rules, competing and performing, evaluating.</p>	<p><b>Football</b></p> <p><b>Key skills:</b> travelling with a ball, passing a ball, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Netball</b></p> <p><b>Key skills:</b> throwing and catching a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Football</b></p> <p><b>Key skills:</b> travelling with a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Tag Rugby</b></p> <p><b>Key skills:</b> throwing and catching a ball, travelling with a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Swimming and water safety</b></p> <p><b>Key skills:</b> perform safe self-rescue in different water based situations, swim competently, confidently and proficiently over a distance of at least 25m, use a range of strokes effectively, for example, front crawl, breaststroke and backstroke.</p>
Autumn 2	<p><b>Dance</b></p> <p><b>Key skills:</b> dance skills, competing and performing, evaluating.</p>	<p><b>Dance</b></p> <p><b>Key skills:</b> dance skills, competing and performing, evaluating.</p>	<p><b>Gymnastics</b></p> <p><b>Acquiring and developing general skills:</b> rolls, jumps, vaulting, handstands/cartwheels/round-offs, travelling and linking actions, shapes and balances, competing and performing, evaluation.</p>	<p><b>Gymnastics</b></p> <p><b>Acquiring and developing general skills:</b> rolls, jumps, vaulting, handstands/cartwheels/round-offs, travelling and linking actions, shapes and balances, competing and performing, evaluation.</p>	<p><b>Dance</b></p> <p><b>Key skills:</b> dance skills, competing and performing, evaluating.</p>	
Spring 1	<p><b>Gymnastics</b></p> <p><b>Acquiring and developing general skills:</b> rolls, jumps, vaulting, handstands/cartwheels/round-offs, travelling and linking actions, shapes and balances, competing and performing, evaluation.</p>	<p><b>Gymnastics</b></p> <p><b>Acquiring and developing general skills:</b> rolls, jumps, vaulting, handstands/cartwheels/round-offs, travelling and linking actions, shapes and balances, competing and performing, evaluation.</p>	<p><b>Dance</b></p> <p><b>Key skills:</b> dance skills, competing and performing, evaluating.</p>	<p><b>Dance</b></p> <p><b>Key skills:</b> dance skills, competing and performing, evaluating.</p>	<p><b>Gymnastics</b></p> <p><b>Acquiring and developing general skills:</b> rolls, jumps, vaulting, handstands/cartwheels/round-offs, travelling and linking actions, shapes and balances, competing and performing, evaluation.</p>	

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<p><b>Spring 2</b></p>	<p><b>Invasion games (mini games for skill development)</b>  <b>Key skills:</b> travelling with a ball, passing a ball, using space, attacking and defending, tactics and rules, competing and performing, evaluating.</p>	<p><b>Dodgeball</b>  <b>Key Skills:</b> throwing and catching a ball, using space, tactics and rules.</p>	<p><b>Tag Rugby</b>  <b>Key skills:</b> throwing and catching a ball, travelling with a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Basketball</b>  <b>Key skills:</b> throwing and catching a ball, travelling with a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	<p><b>Netball</b>  <b>Key skills:</b> throwing and catching a ball, passing a ball, possession, using space, attacking and defending, tactics and rules, competing, evaluating.</p>	
<p><b>Summer 1</b></p>	<p><b>Mini-rounders</b>  <b>Key skills:</b> striking and hitting a ball, throwing and catching a ball, passing a ball, using space, tactics and rules, competing, performing and evaluating.</p>	<p><b>Rounders</b>  <b>Key skills:</b> striking and hitting a ball, throwing and catching a ball, passing a ball, using space, tactics and rules, competing, performing and evaluating.</p>	<p><b>Cricket</b>  <b>Key skills:</b> striking and hitting a ball, throwing and catching a ball, using space, attacking and defending, tactics and rules, competing, performing and evaluating.</p>	<p><b>Rounders</b>  <b>Key skills:</b> striking and hitting a ball, throwing and catching a ball, passing a ball, using space, tactics and rules, competing, performing and evaluating.</p>	<p><b>Cricket</b>  <b>Key skills:</b> striking and hitting a ball, throwing and catching a ball, using space, attacking and defending, tactics and rules, competing, performing and evaluating.</p>	
<p><b>Summer 2</b></p>	<p><b>Athletics</b>  <b>Key skills:</b> running, jumping, throwing, competing, evaluating.</p>	<p><b>Athletics</b>  <b>Key skills:</b> running, jumping, throwing, competing, evaluating.</p>	<p><b>Athletics</b>  <b>Key skills:</b> running, jumping, throwing, competing, evaluating.</p>	<p><b>Athletics</b>  <b>Key skills:</b> running, jumping, throwing, competing, evaluating.</p>	<p><b>Athletics</b>  <b>Key skills:</b> running, jumping, throwing, competing, evaluating.</p>	

## Additional information:

- Progression maps (games, gymnastics, dance, athletics) should be used to write learning objectives and success criteria for each lesson in a sequence of teaching. These can be found in the PE folder under Subject Leaders in the Glascote Academy Teaching team.
- Whole class games should only take place at the end of a sequence of teaching. Initial weeks should focus on skill development, tactics and evaluation.
- All year groups will receive additional enrichment sessions each term through partnerships with outside agencies.