

GLASCOTE ACADEMY LONG TERM PE PLANNING OVERVIEW

Indoor (hall slot)	Outdoor (2 nd lesson)	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1		iMoves Fundamentals Autumn 1	iMoves Fundamentals Autumn 1	iMoves Fundamentals Autumn 1	iMoves Fundamentals Autumn 1 and 2	iMoves Fundamentals Autumn 1	Hockey (with coach)	Gymnastics (imoves)
					iMoves Fundamentals Autumn 1 and 2	Hockey (with coach)	Tag Rugby	swimming
Autumn 2		Dance (staff to choose 2 Reception imoves units that match children's interests and topics taught)	Dance (imoves)	Gymnastics (imoves)	Gymnastics (imoves)	Dance (imoves)	Gymnastics (imoves)	Basketball
				Ball skills (with coach)	Football	Tag rugby	Football	Swimming
Spring 1		Imoves fundamentals	Gymnastics (iMoves)	Gymnastics (imoves)	Gymnastics (imoves)	Gymnastics (imoves)	Gymnastics (imoves)	Dance (imoves)
			Ball skills (with coach)		Netball	Basketball	Netball	Swimming
Spring 2		Dance	Gymnastics (imoves)	Dance (imoves)	Dance (imoves)	Gymnastics (imoves)	Bootcamp fitness /cicuits	Bootcamp fitness/ circuits
					Tennis (with coach)			Swimming
Summer 1		Gymnastics Imoves Reception gymnastics unit	iMoves Fundamentals	Imoves fundamentals	Dodgeball	Badminton	Badminton	Rounders
		Ball skills (with coach)			Cricket	Rounders	Cricket	Swimming
Summer 2		Gymnastics Imoves reception gymnastics unit.	Dance (imoves)	Dance (imoves)	Bootcamp fitness/ circuits	Bootcamp fitness/ circuits	Tennis	Tennis (With Coach)
					Athletics	Athletics	Athletics	swimming